

# RE-STORY-IN

International Expressive Arts Spring Symposium  
Three day online EXA conferences  
April 2, 3 & 4, 2024

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...  
*we shall be  
comfortably confused\*,  
don't we  
it happens suddenly  
the whisper  
the refreshing click  
the enlarging circle  
the handful hope  
between us,  
rising.*

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© MARGO FUCHS KNILL  
EXCERPT FROM A POEM DEDICATED  
TO LATE PAOLO'S 91. BIRTHDAY,  
JUNE 11 2023

## “RE-STORY-IN” Virtual Conferences 2024

THE INTERNATIONAL NETWORK OF EXPRESSIVE ARTS  
THERAPY TRAINING CENTERS

Dear friends, colleagues and alumni,

We are thrilled to extend our heartfelt invitation to the Expressive Arts Virtual Conferences called “RE-STORY-IN”, created by the **International Network of Expressive Arts Therapy Training Centers**, taking place on **April 2nd, 3rd, and 4th, 2024**.

May this be a small window to restore our senses through immersing ourselves in the captivating beauty of the arts. Just as the butterfly effect demonstrates how small actions can have far-reaching consequences, we believe that our collective efforts to come together online, “enlarging our circle”, can alleviate our hearts, minds and bodies, by decentering from the confusion and injustices happening in the world today. Let us witness the stories as they unfold, weaving narratives of “handful hope” and envisioning possibilities for change. As we come together, binding cultures and nations, we create a beautiful tapestry of peace, hope and unity.



Like caterpillars within their cocoons, it is now the time to blossom into butterflies. Spring is the perfect moment to spread our wings, take flight, refresh and restore our minds and bodies. And as “Earhtlings” that we are, may we “trust the process”, despite all difficulties, finding new perspectives and “re-story-in” all that is alive in our physical and spiritual world.

By participating in this event, you will have the opportunity to:

- Engage in thought-creative discussions and lectures led by renowned experts in the field.
- Learn about institution's achievements and initiatives in the realm of expressive arts.
- Network with other EXA experts and establish valuable connections within the international EXA community.
- Gain insights into emerging trends and best practices in expressive arts education.

Let us dance in the space of enchanting tales, where butterfly wings carry threads of wisdom from distant lands. Together, we will create a symphony of voices, weaving narratives of profound significance, forging connections and fostering camaraderie with new colleagues within our international community.

We extend our gratitude to **Roseline De Thelin**, the talented artist who created the stunning imagery for our Online Spring Symposium 2024. We would also like to express

our deep appreciation to **Margo Fuchs Knill**, esteemed Professor and accomplished poet, for graciously sharing her profoundly moving poems for this event. We are also grateful to **Melinda Ashley Meyer** for her unwavering commitment to providing us with guidance, structure, and compassionate support. Lastly, we extended our appreciation to all the lecturers of the event. We appreciate not only their valuable contributions to the symposium but also we celebrate the incredible work they do in their parts of the World.

#### LECTURERS

The speakers are teachers and directors of **The International Network of Expressive Arts Therapy Training Centers** flourishing in the world through which we are generating work that aims to improve the quality of life of people and communities in the search of a healthier, peaceful existence and coexistence.

The participants will remain mainly in one group and will be sent into subgroups when needed for reflexions, creative excercises and networking purposes.

#### PRACTICAL INFORMATION

**Dates:** April 2nd, 3rd and 4th, 2024

**Schedule:** 18:00 - 21:00 Central Europe (CEST)

For other regions please check timetable below

**Place:** Online- on Zoom

**Language:** English

**Tuition:** €150 (Euro) / \$160 (USD)



## ABOUT THE LECTURERS & TEACHERS

The Online Expressive Arts Spring Symposium 2024 it's a journey where 14 renowned teachers and directors will accompany us for a virtual experience. The lecturers, such as Varvara Sidorova will delve into the realm of cross-cultural expressive arts based research, shedding light on the meeting point of different cultures through artistic expression.

Margo Fuchs Knill's lecture will take the form of a hybrid poetic participatory presentation, engaging the audience in an immersive experience. Barbara Hielscher-Witte's talk will explore the concept of going beneath the visible surface, offering an excursion into the hidden layers of our surroundings. Minna Hujannen will discuss the practical applications of Exa work in Finland, showcasing its relevance in real-world scenarios.

Soômi Dean and François Lacroix from L'ATELIER expressive arts institute will explore the integration of new media tools in expressive arts practice from L'ATELIER expressive arts institut, discovering how mobile beamers transform creations in workshops, inviting participants to project their art into surrounding spaces, creating ephemeral traces that evolve into intimate or collective narratives.

Delve into practical expressive arts therapy for autism and beyond with Ellen Yang, a seasoned professional with over 25 years of experience. And finally, Sylvia Ketelhohn and Victoria Uribe Jinich, the hostess of the Online Expressive Arts Spring Symposium 2024, have not only curated a captivating event but will also unveiled a visionary preview of the Spring Symposium 2025 in Costa Rica. They will lead the warming ups for the events, setting the stage for an extraordinary community art facilitated by Judith Greer Essex; who will be accompanied by Margareta Warja's enchanting music and Margo Fuchs forever breathtaking poetry.

This symposium promises an immersive experience blending art, community, and inspiration. Be part of it!

## *Earth Angel*[1]

*The angel inside of you  
weeps with your  
sadness  
takes off with your  
enjoyment  
inspires your  
practitioner of life*

*here we are  
half angel half human  
the middle a  
vulnerable heart  
day after day we tell  
each other  
stories to hold out the  
devouring beast  
here we are  
in the lost paradise  
that gives us  
a second chance.*

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[1] FROM: TRUST THE PIANOFISH:  
SHAUN MCNIFF AND THE  
MAGICALLY REALISTIC EXPRESSIVE  
ARTS





## ABOUT THE LECTURERS

The esteemed faculty for the Online Expressive Arts Spring Symposium brings a wealth of knowledge and experience to guide participants through a transformative journey. Each lecturer is a seasoned professional, contributing unique insights to the world of expressive arts therapy.



**Andrea Grieder:** Ethnologist, poet, and performance artist, Andrea Grieder brings a rich background in cultural mediation and poetry training, currently leading the InArtes institute and serving as the director of Transpoesis.



TAE Peru is a Lima-based school specializing in programs and diplomas in expressive arts therapy. It is one of the oldest schools from the EGS network module providers around the World.



**Margo Fuchs Knill,** is a distinguished professor and poet, and Founding Dean of the Masters in Arts Program at EGS (The European Graduate School). She practices privately, teaches internationally, and has authored numerous poetry books. Margo's recent textbook with Sally Atkins, "Poetry in Expressive Arts," is acclaimed and translated into Chinese.



**Margareta Wärja** with a focus on helping people live more creatively, she, an artistically oriented psychotherapist, combines her extensive experience in expressive arts therapy with a holistic and relational approach.



**Roseline de Thélin** is a versatile artist and expressive arts teacher who explores the interplay between art and consciousness. Using mixed media, she blends analog and digital elements, creating captivating works that delve into reality, memories, and evolution. From collages to performances, Roseline's art reflects perceptual shifts and visions of the past and future.



**Barbara Hielscher-Witte, CAGS, Ph.D. Cand.:** Founder and Director of Step ahead, she is a certified Music Therapy Lecturer, Eurhythmics Teacher, psychotherapist, and supervisor, with a focus on intermodal artistic processes.



**Varvara V. Sidorova, Ph.D., REAT,** is the director of the Expressive Arts Institute "Arts and Consciousness," an associate professor at Moscow State University, and the founder of the Expressive Arts Therapy Association in Russia.



**Fulya Kurter Musnitsky,** is the founder and Program Director of Expressive Arts Institute Istanbul. She is a psychotherapist, facilitator, and supervisor specializing in Expressive Arts and Psychodrama. With her own private practice, she is currently pursuing her Ph.D. in Expressive Arts at EGS.



**François LACROIX:** art therapist with Federal Diploma, MA in Education, teacher, program coordinator at L'ATELIER and LabOo new media for 10 years.



**Soömi Dean:** art therapist, MA in expressive arts (EGS), director of L'ATELIER expressive arts institute, teacher, life stories collector.





**Minna Hujanen: An Expressive Arts Therapist and an Educator of expressive arts therapy in Inartes Institute Finland. She has a humanistic background in art education and fine arts. She is also a soon-to-be-occupational therapist.**



**Victoria Uribe Jinich: A psychotherapist with a Master's Degree in Transdisciplinary Art Therapy, Victoria Uribe Jinich focuses on human development, emotional well-being, and ecological awareness, implementing workshops and collaborations in diverse communities.**



**Sylvia Ketelhohn: Founder of ASART and the AELat Study and Research Center, Sylvia Ketelhohn has extensive experience managing cultural projects and executing arts-based initiatives for social transformation in collaboration with various organizations and government institutions.**



**Judith Greer Essex, Ph.D.: Founder and Director of the Expressive Arts Institute, San Diego, Judith Greer Essex is a Registered Expressive Arts Therapist and Licensed Marriage and Family therapist with a specialization in dance therapy and improvisational performance.**



**Ellen Yang, a Registered Clinical Counsellor and Expressive Arts Therapist with 25+ years of experience, specializes in stress, anxiety, depression, trauma, autism, and developmental differences, offering holistic and creative approaches for empowerment and well-being in Vancouver through teletherapy and in-person sessions.**



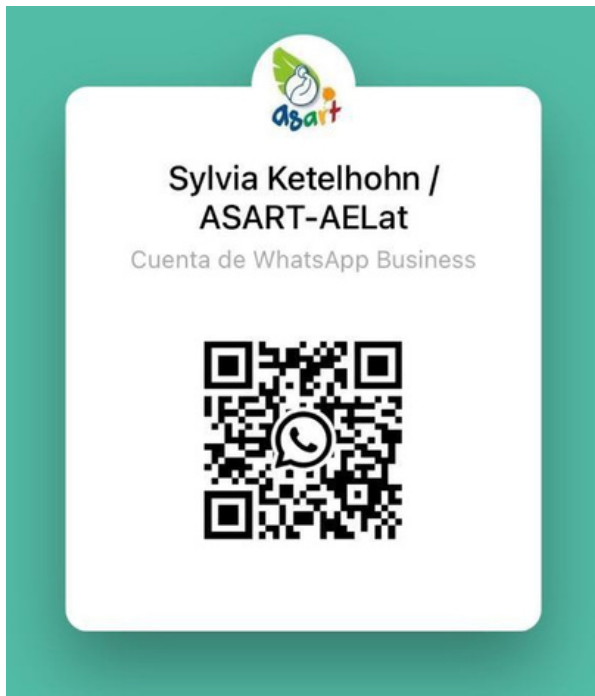
### TECHNICAL REQUIREMENTS

Make sure that you have a stable internet connection, speakers, microphone and camera in well shape on your computer.

### REGISTRATION FORM

For payment details, questions, comments, or if you are unable to fill out the form please contact us at:

WhatsApp link: +(506) 8323-3044



*What remains – essential?  
Where does life live? I mean, where is it  
when despair sits in the garden  
and fear locks the door?  
When rage storms tender hearts?*

*You say, we are more than neighboring  
we are sisters and brothers  
earthlings with a strong will  
rising, gliding through destiny's cracks?*

*I believe in the next. Also in stuck-ness.  
Also in the force of the arts,  
my hands who can hold a brush, a pencil  
to scratch the surface. Belly, hips, legs and feet  
that have me loosening up for the dance  
and the chorus, this heart opener  
for peace.*

© Margo Fuchs Knill





# Timetable

## SCHEDULE

| Time Schedule  | April 2nd 2024   | April 3rd 2024   | April 4th 2024   | April 5th 2024  |
|----------------|--|--|--|---|
| 18:00<br>18:20 | <ul style="list-style-type: none"> <li>Welcoming</li> <li>Introduction</li> <li>Opening Ceremony</li> <li>Community Art</li> </ul> | Opening ritual<br>Music, poem, stretching.<br>Intention of the day | Opening ritual<br>Music, poem, stretching.<br>Intention of the day | <i>Directors Meeting</i><br><br><i>Agreements</i><br><br>2025 |
| 18:20<br>18:40 |  |  | Networking   |   |
| 18:40<br>19:00 | Lecture 1<br>Margo Fuchs<br>Opening Lecture  | Lecture 5<br>Minna Hujannen  | Lecture 9<br>Martin Zavala   |   |
| 19:00<br>19:10 | Aesthetic Reponse questions  | Aesthetic Reponse questions  | Aesthetic Reponse questions  |   |
| 19:10<br>19:20 | Break  | Break  | Break  |   |
| 19:20<br>19:40 | Lecture 2<br>Varvara Sidorova  | Lecture 6<br>Fulya Kurter  | Lecture 10<br>Barbara Hielscher                                    |   |
| 19:40<br>19:50 | Aesthetic Reponse questions  | Aesthetic Reponse questions  | Aesthetic Reponse questions  |   |
| 19:50<br>20:10 | Lecture 3<br>Soomi Dean<br>Francois Lacroix  | Lecture 7<br>Ellen Yang  | Lecture 11<br>Margareta Wårja                                      |   |
| 20:10<br>20:20 | Aesthetic Reponse questions  | Aesthetic Reponse questions  | Aesthetic Reponse questions  |   |
| 20:20<br>20:30 | Break  | Break  | Break  |   |
| 20:30<br>20:50 | Lecture 4<br>Andrea Grieder  | Lecture 8<br>Roseline De Thelin                                    | Presentation of<br>Spring Symposium 2025                           |   |
| 20:50<br>21:00 | Aesthetic Reponse Questions<br>Good Bye  | Aesthetic Reponse Questions<br>Good Bye                            | Community Art<br>Closure Ceremony                                  |   |



| Time Schedule | Canada Toronto | Canda Vancouver | Central Europe | Costa Rica México | Finland | Ireland | Perú & Florida USA | Russia Moskow | USA-San Diego |
|---------------|----------------|-----------------|----------------|-------------------|---------|---------|--------------------|---------------|---------------|
| Start         | 13:00          | 10:00           | 18:00          | 11:00             | 19:00   | 17:00   | 12:00              | 20:00         | 9:00          |
| Lecutre       | 13:40          | 10:40           | 18:40          | 11:40             | 19:40   | 17:40   | 12:40              | 20:40         | 9:40          |
| Break         | 14:10          | 11:10           | 19:10          | 12:10             | 20:10   | 18:10   | 13:10              | 21:10         | 10:10         |
| Lecture       | 14:20          | 11:20           | 19:20          | 12:20             | 20:20   | 18:20   | 13:20              | 21:20         | 10:20         |
| Lectura       | 14:50          | 11:50           | 19:50          | 12:50             | 20:50   | 18:50   | 13:50              | 21:50         | 10:50         |
| Break         | 15:20          | 12:20           | 20:20          | 13:20             | 21:20   | 19:20   | 14:20              | 22:20         | 11:20         |
| Lecture       | 15:30          | 12:30           | 20:30          | 13:30             | 21:30   | 19:30   | 14:30              | 22:30         | 11:30         |
| Good Bye      | 16:00          | 13:00           | 21:00          | 14:00             | 22:00   | 20:00   | 15:00              | 23:00         | 12:00         |

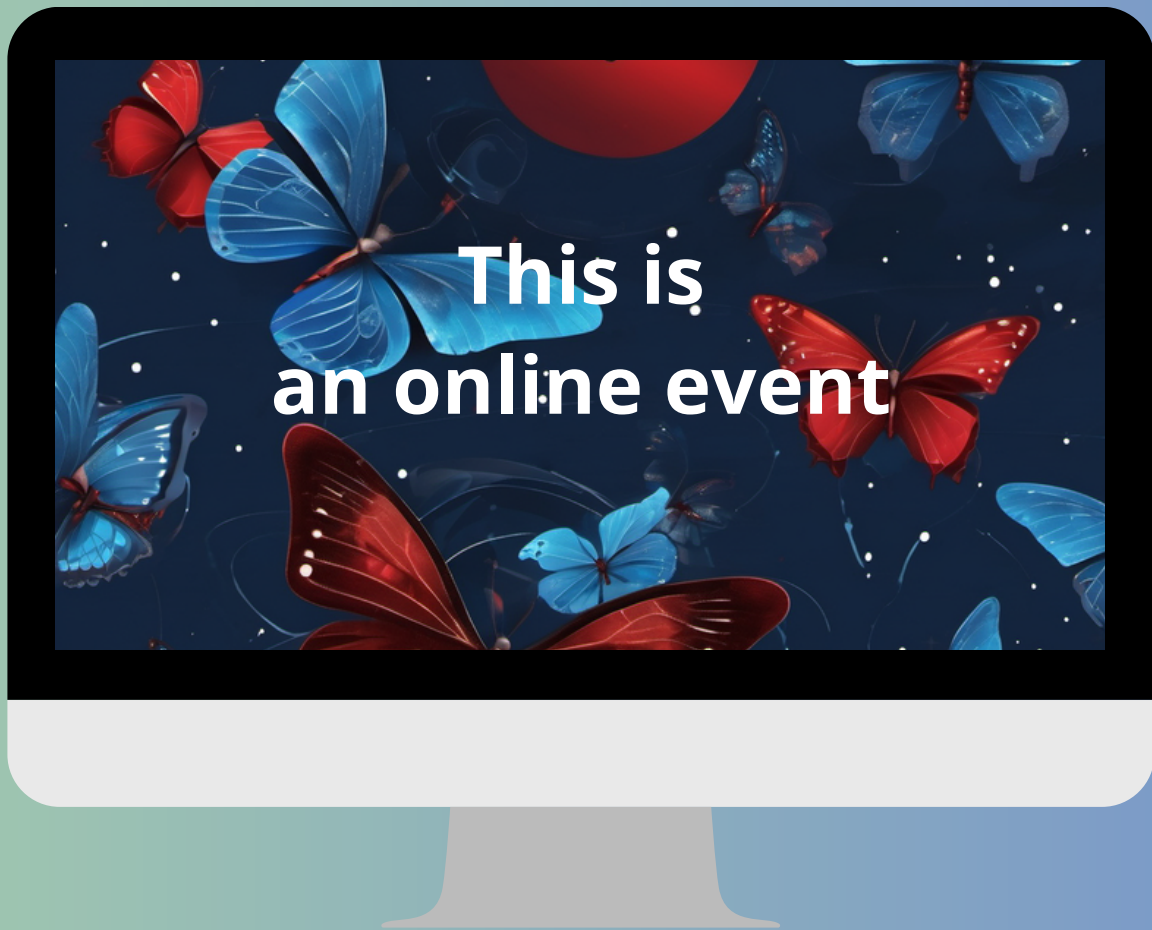


Dates in Hong Kong, Phillipines and South Korea are the following:

April 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> in early hours after midnight.

Please confirm the time difference with Switzerland

| Special schedule Specifications for Asia | Hong Kong & Phillipines | South Korea |
|--|-------------------------|-------------|
| Start                                    | 1:00                    | 2:00        |
| Lecutre                                  | 1:40                    | 2:40        |
| Break                                    | 2:10                    | 3:10        |
| Lecture                                  | 2:20                    | 3:20        |
| Lectura                                  | 2:50                    | 3:50        |
| Break                                    | 3:20                    | 4:20        |
| Lecture                                  | 3:30                    | 4:30        |
| Good Bye                                 | 4:00                    | 5:00        |



# Notification

Kindly be informed that, in case a participant needs to cancel or is unable to attend the virtual Symposium, the registration fee is non-refundable under any circumstances. If a cancellation is received within 30 days before the training commences, a 50% reimbursement of the training cost will be provided. For cancellations within 15 days before the training, the full balance is due. Exceptions can be made. If the organizers cancel the training due to unforeseen circumstances or failure to meet the minimum number of participants, all funds paid by the participants will be refunded. It's important to note that the organizers cannot be held responsible for any additional expenses or losses incurred by the participant.